



HAVE YOU:	
MADE YOUR B	ED?
BRUSHED YOU	JR TEETH?
BRUSHED YOU	JR HAIR?
GOTTEN DRES	SSED?
HAD BREAKFA	AST?
DRANK A FUL	L GLASS OF WATER?
	plus
20 MINUTES 0	
20 MINUTES 0	F WRITING OR COLORING
CLEAN UP ONI	E ROOM
PLAYED OUTS	SIDE FOR 20 MINUTES
MADE OR BUIL	LT SOMETHING CREATIVE
HELPED SOME	EONE IN THE FAMILY
SIGN WHEN FINISHED	ADULT INITIAL WHEN FINISHED

—THEN YOU CAN GET A REWARD—

PRIZE FROM PRIZE BASKET, 30 MINUTES SCREEN TIME, PLAY A GAME, 30 MINUTES XBOX ONE